



**FENCING**  
I R E L A N D

# COVID-19 Return to Fencing Guidelines

## Step 3 - Reopen Clubs Information for Members

Step 3 of the Fencing Ireland Return to Fencing Guidelines coincides with Phase 4 of the Government of Ireland's Roadmap for Reopening Society and Businesses. At time of publication, the likely date of implementation of this Step is **July 20** at which stage it will be possible for clubs to reopen.

Clubs will not be able to return to operations in exactly the same way as before quarantine, however, and certain limitations will need to be in place. We ask for your understanding and cooperation in these matters. We know they might be frustrating at times but they are being implemented by your club with the best interests of you and your club mates in mind.

The next page sets out some guidelines for individuals to follow when returning to fencing with their clubs.

## Club Guidelines:

Your fencing club has been provided with a set of guidelines by Fencing Ireland. Please listen to and follow any instructions issued by those in charge of the club.

Your club will be keeping an attendance sheet at every session for the purposes of contact tracing should that be necessary. They will also provide GDPR information regarding how they will treat the data collected on those attendance sheets.

Please complete the attendance sheet every time you attend a session.

## Health and hygiene:

It is important that all our members are conscientious and honest about their own health and hygiene at all times. To that end, please ensure that you:

- Do not attend a session if you are experiencing any COVID-19 symptoms or if you have experienced any COVID-19 in the last 14 days.
- Do not attend a session if in the past 14 days you have had close contact with someone with COVID-19.
- Disinfect your hands when you enter the fencing hall - your club should be providing disinfectant for this purpose.
- Wear a cloth/surgical mask at all times when in the fencing hall, including under a mask when drilling/fencing.
- Avoid physical contact with other participants - no handshakes.
- Observe social distancing advice.
- If you need to cough/sneeze, do so into your elbow or a tissue.

## Equipment:

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- Use your own gear in every possible situation.
  - Wash your gear between each session.
  - Do not share masks, jackets, plastrons, breeches, or gloves.
  - If sharing bodywires or weapons, the person who used them last should disinfect them thoroughly before passing them to the next user.
- Use only clean, freshly washed sports gear for training.
- If at all possible, arrive in your freshly washed sports gear ready to train so that you do not require the use of changing facilities at the club.