



Anti-Doping Mandatory and Recommended courses

Course links

Each of these courses can be found on the [WADA Anti-Doping E-Learning website](#).

Notes

- **Certificate expiry:** each of these certificates expires after two years from the date of issue:
 - WADA ADEL - National-Level Athletes Education Program
 - WADA ADEL – for Coaches of High Performance
 - ADEL for Registered Testing Pool Athletes
- **Refresher courses:** these requirements only apply after relevant first certificate has expired.
- **WADA - The Prohibited List:** New updated Prohibited List published every 1st January. A preliminary list is issued 31st October of each year to allow a preview of the forthcoming prohibitions. This allows anyone on a TUE or considering a TUE to be up to date on their medications.

Requirements

IMPORTANT: All mandatory requirements must be completed and certificates uploaded and approved on [fencing.ophardt.online](#) **before** applying for an FIE or EFC licence.

	Mandatory	Recommended
FIE Registered Testing Pool (RTP)	<ul style="list-style-type: none">• WADA ADEL - National-Level Athletes Education Program• ADEL for Registered Testing Pool Athletes• WADA ADEL - Refresher Course for National-Level Athletes	Recommend additional learning <ul style="list-style-type: none">• WADA Adel - International-Level Athletes Education Program (includes information on TUE's and Supplements)• WADA - The Prohibited List• WADA ADEL - At-a-Glance: Therapeutic Use Exemptions

	Mandatory	Recommended
Sport Ireland Registered Testing Pool (RTP)	<ul style="list-style-type: none"> • WADA ADEL - National-Level Athletes Education Program • ADEL for Registered Testing Pool Athletes • WADA ADEL - Refresher Course for National-Level Athletes 	Recommend additional learning <ul style="list-style-type: none"> • WADA Adel - International-Level Athletes Education Program (includes information on TUE's and Supplements) • WADA - The Prohibited List (New updated Prohibited List published every 1st January. A preliminary list is issued 31st October of each year to allow a preview of the forthcoming prohibitions. This allows anyone on a TUE or considering a TUE to be up to date on their medications) • WADA ADEL - At-a-Glance: Therapeutic Use Exemptions
International fencer (Fencers representing Ireland in International Competitions requiring either an FIE Licence or EFC Licence)	<ul style="list-style-type: none"> • WADA ADEL - National-Level Athletes Education Program • WADA ADEL - Refresher Course for National-Level Athletes 	Recommend additional learning <ul style="list-style-type: none"> • WADA Adel - International-Level Athletes Education Program (includes information on TUE's and Supplements) • WADA - The Prohibited List • WADA ADEL - At-a-Glance: Therapeutic Use Exemptions
National Level Fencers at National Senior Level		Recommend primary learning <ul style="list-style-type: none"> • WADA ADEL - National-Level Athletes Education Program Recommend additional learning <ul style="list-style-type: none"> • WADA ADEL - Refresher Course for National-Level Athletes • WADA - The Prohibited List • WADA ADEL - At-a-Glance: Therapeutic Use Exemptions

	Mandatory	Recommended
Fencers in the Trailblazer Development Programme		<p>Recommend primary learning</p> <ul style="list-style-type: none"> WADA ADEL - National-Level Athletes Education Program <p>Recommend additional learning</p> <ul style="list-style-type: none"> WADA ADEL - Refresher Course for National-Level Athletes WADA ADEL – Talented Athlete Education Program WADA ADEL – Athletes Guide to the 2021 Code WADA ADEL – Sport Values Online for Children WADA - The Prohibited List WADA ADEL - At-a-Glance: Therapeutic Use Exemptions
Youth Athletes (Not meeting any of the levels above typically U14)		<p>Recommend primary learning</p> <ul style="list-style-type: none"> WADA ADEL - National-Level Athletes Education Program <p>Recommend additional learning</p> <ul style="list-style-type: none"> WADA ADEL - Refresher Course for National-Level Athletes WADA ADEL - For Youth Athletes WADA ADEL – Sport Values Online for Children WADA - The Prohibited List WADA ADEL - At-a-Glance: Therapeutic Use Exemptions
Athlete Support Personnel - coaches (Coaches or other ASPs requiring either an FIE or EFC licence)	<ul style="list-style-type: none"> WADA ADEL – for Coaches of High Performance WADA ADEL - Refresher Course for Coaches of High Performance 	<p>Recommend additional learning</p> <ul style="list-style-type: none"> WADA ADEL Athlete Support Personnel Guide to the Code 2021 education WADA - The Prohibited List
Athlete Support Personnel - Parents of High Performance Athletes		<p>Recommend primary learning</p> <ul style="list-style-type: none"> WADA – ADEL Parents of High Performance Athletes Education Program <p>Recommend additional learning</p> <ul style="list-style-type: none"> WADA – ADEL Sport Values Online for Adults WADA - The Prohibited List WADA ADEL - At-a-Glance: Therapeutic Use Exemptions